

Salads

Specialty salads are always in season at Robeks. You'll find a variety of crisp, delicious choices to satisfy every taste. Choose from one of our reduced fat or organic dressings to make your salad a mouth-watering meal.

Farm-Fresh

Asian Chicken

*chicken breast · jicama · mandarin oranges · carrots
red onions · red peppers · sesame ginger dressing*

Turkey Cranberry

*turkey breast · pecans · sprouts · red onions
avocado · cranberries · honey Dijon dressing*

Napa Valley Chicken

*chicken breast · crumbled blue cheese · grapes
pecans · carrots · red onions · balsamic dressing*

Mediterranean Chicken

*chicken breast · feta cheese · cucumbers
Roma tomatoes · red onions · pine nuts · oil vinaigrette*

Farm Stand Veggie

*carrots · avocado · cucumbers · jicama · red peppers
red onions · Roma tomatoes · sprouts · sunflower seeds
creamy cucumber dressing*



Turkey Cranberry/Southwest Roast Beef Wraps

Wraps

Full of flavor and full of convenience. Robeks wraps are a perfect combination of quality ingredients. Lose the fork and wrap your hands around one today!

Pesto Chicken

*spinach tortilla · chicken breast · mixed greens · avocado
red peppers · sprouts · red onions · pesto dressing*

Southwest Roast Beef

*tomato tortilla · roast beef · mixed greens · red onions
red peppers · Roma tomatoes · black beans
Chipotle dressing*

Mediterranean Tuna

*spinach tortilla · tuna salad · mixed greens · feta cheese
pine nuts · Roma tomatoes · cucumbers · red onions
vinaigrette dressing*

Turkey Cranberry

*spinach tortilla · turkey breast · dill dressing · mixed greens
pecan · cranberries · sprouts · Roma tomatoes
honey Dijon dressing*

Tofu Oriental

*tomato tortilla · tofu · mixed greens · jicama · red peppers
red onions · carrots · mandarin oranges · sesame seeds
sesame ginger dressing*



Asian Chicken Salad

Cookies & Muffins

Yes, you can have sweets without the guilt. All natural, high in protein and zero trans fat. Robeks baked goods are both healthy and delicious.



Power Muffins

*Chocolate
Banana
Blueberry
Pumpkin*

Power Cookies

*Chocolate Chip
Oatmeal Raisin
Lemon Poppyseed
Peanut Butter
Pumpkin*

Smoothies

Select and enjoy our refreshing smoothies which make a perfect compliment to any of our salad, wrap, power cookies and muffin selections.

Berry Smoothies

Tropical Smoothies

Power Smoothies

Exotic Smoothies

Açai Energy Bowls

Frozen Yogurt

Fresh Juices



Ideal Meal.



All Orders Must Be Placed 24hrs in Advance.

	Qty.	Jr.	Rg.	Lg.	Boosts
Strawana Berry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Infinite Orange	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Banzai Blueberry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cranberry Quest	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Berry Brilliance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Raspberry Romance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hummingbird	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Outrageous Raspberry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Big Wednesday	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mahalo Mango	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
South Pacific Squeeze	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pina Koolada	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Passionfruit Cove	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Guava Lava	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Polar Pineapple	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Malibu Peach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bananasplit Shake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
P-Nut Power Shake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lemon or Orange Freeze	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Qty.	Rg.	Lg.		
800 lb. Gorilla	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Frozen Yogurt	<input type="checkbox"/>				
	Qty.	Rg.	Lg.	Boosts	
Venice Burner	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cardio Cooler	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Robeks MuscleMax	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Pro Arobek	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Robeks Rejuvenator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Dr. Robeks	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Citrus Stinger	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Zen Berry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Awesome Acai	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Pomegranate Passion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Acai Energizer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Pomegranate Power	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Green Tea Sensation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Acai Energy Bowl	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Super Acai Bowl	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Nutritional Boost One FREE per Smoothie.
Add additional boosts for a little more.

Vilabek	Soy Protein	Fiberbek	Crealine
Kidbek	Whey Protein	Powerbek	Intellibek
Cardiobek	Trimbek	Immunibek	

Gourmet Wraps	Qty.	Power Cookies	Qty.
Pesto Chicken	<input type="checkbox"/>	Chocolate Chip	<input type="checkbox"/>
Southwest Roast Beef	<input type="checkbox"/>	Oatmeal Raisin	<input type="checkbox"/>
Mediterranean Tuna	<input type="checkbox"/>	Pumpkin	<input type="checkbox"/>
Turkey Cranberry	<input type="checkbox"/>	Lemon-Poppy Seed	<input type="checkbox"/>
Tofu Oriental	<input type="checkbox"/>	Peanut Butter	<input type="checkbox"/>

Garden Fresh Salads	Qty.	Gourmet Pretzels	Qty.
Turkey Cranberry	<input type="checkbox"/>	Tomato Parmesan	<input type="checkbox"/>
Farm Stead Veggie	<input type="checkbox"/>	Apple Cinnamon	<input type="checkbox"/>
Asian Chicken	<input type="checkbox"/>	Spinach Feta	<input type="checkbox"/>
Mediterranean Chicken	<input type="checkbox"/>		
Napa Valley Chicken	<input type="checkbox"/>		

Power Muffins	Qty.
Chocolate	<input type="checkbox"/>
Blueberry	<input type="checkbox"/>
Banana	<input type="checkbox"/>
Pumpkin	<input type="checkbox"/>

Name _____

Contact Number _____

Pick-up Date _____

Pick-up Time _____

Delivery Time _____

Delivery Address _____

Call for platters and Pricing

Special Instructions Help us make it your way!

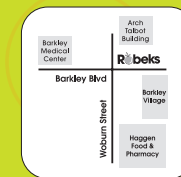
Call to confirm fax if received.

A delivery fee of \$5.00 for orders within 5 mile radius will be charged. Further areas will be charged \$10 to \$30. Minimum order is \$35. Please call and inquire.

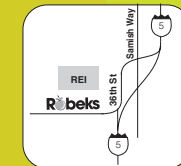
Catering Menu



- Delicious Smoothies
- Farm-Fresh Salads
- Wraps
- Healthy Eats
- The Ideal Meal



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